# Recommended Personal Protective Equipment for Outpatient Management of Asymptomatic Patients

These recommendations represent the required PPE for a variety of visits with differential risk. Providers should follow Standard and Transmission-Based Precautions in addition to the precautions recommended in the Ambulatory Infection Prevention Policy.

<table>
<thead>
<tr>
<th>Risk-stratification</th>
<th>Pre-Procedure Test</th>
<th>Description/Examples</th>
<th>PPE Recommendation</th>
<th>Physical Environment</th>
<th>Room Closure Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>No</td>
<td>Exams during which the patient can remain masked for the majority of the visit and there is not a prolonged oropharyngeal or nasopharyngeal exam performed such as: • New patient or follow-up patient visits in primary care • New patient or follow up patient visits in specialty care not included in med/high risk categories • Exercise Stress Test** • Neurodiagnostic Testing • Gynecologic procedures • Urologic procedures • Injections: Joint, Spine, Pain • Endovascular procedures (angioplasty, aortogram, HD access, atherectomy, sclerotherapy, endovascular laser ablation • Cardiac Catheterization lab procedures • Pulmonary rehab** • PT/OT**</td>
<td>Face mask</td>
<td>Promote physical distancing in exam rooms during history</td>
<td>None</td>
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<tr>
<td>Medium</td>
<td>No</td>
<td>Exams during which the patient will be unmasked for a prolonged period of time, the patient is unable to wear a mask or during which the provider is required to be in close proximity to a masked patient’s face for a prolonged period of time including: • Prolonged oropharyngeal or nasopharyngeal exam performed (e.g. ENT, Oral/Maxillofacial) • Ophthalmology examinations • Radiation Oncology treatments for head and neck cancers that require oral positioners • Nasal endoscopy, laryngoscopy, stroboscopy (diagnostic)</td>
<td>Face mask (pre/post-procedure)</td>
<td>Face mask and face shield</td>
<td>Promote physical distancing in exam rooms during history</td>
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<tr>
<td>High</td>
<td>Yes</td>
<td>Exams/procedures during which an aerosol generating procedure is performed currently covered by the test-based strategy:</td>
<td>Face mask (pre/post-procedure)</td>
<td>Pre-procedure test negative: face mask, face shield, gown, gloves</td>
<td>Promote physical distancing in exam rooms during history</td>
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|      |     | • Bronchoscopy***  
• Transesophageal echocardiography***  
• Upper and lower endoscopy***  
• Electroconvulsive therapy***  
• Electrical cardioversion  
• Electrophysiology procedures requiring general anesthesia  
• Fluoroscopically guided enteric tube placements  
• Interventional radiology procedures requiring anesthesia or in patients with a tracheostomy | | Pre-procedure test positive or not done: N95 and face shield or PAPR, gown, and gloves | | |
| High | No  | Exams/procedures during which an aerosol generating procedure is performed not covered by the test-based strategy: | Face mask (pre/post-procedure) | N95 and face shield or PAPR, gown, and gloves | Promote physical distancing in exam rooms during history | Only close room after these selected high-risk aerosol-generating procedures, otherwise no room closure needed |
|      |     | • Dental procedures***  
• Interventional pulmonary procedures (thoracoscopy, thoracentesis, ablation, etc.) ***  
• PFTs  
• Esophageal manometry  
• CPAP-titration studies in the sleep lab  
• Nebulizer treatments  
• CT guided lung biopsy (interventional radiology)  
• Nasal endoscopy and laryngoscopy (therapeutic)  
• Oral cavity/throat biopsy  
• Tracheotomy tube change*  
• Laser ablation procedures (mouth, nose, face, eyes) | | | | |

*Patients who have open tracheostomies should be given a mask to cover their tracheostomy in addition to the mask to cover their nose and mouth during visits.

**If patients in the low risk-stratification group cannot tolerate a face mask, the provider should also wear a face shield in addition to their face mask.

***For standard clinic rooms, close the room for 2 hours following a high-risk aerosol-generating procedure if no HEPA filter is available and for 30 minutes if a HEPA filter is available. For procedure rooms, close the room per your area specific plan.