

Personal Protective Equipment Reminders



Donning reminders

- Put PAPR on before gown.
- Make sure there is a whiteboard inside the room and outside the room with the observers.

Doffing reminders

- Keep hands away from face and neck.
- Always pull away from the body.

Detailed doffing steps

- 1. Grab the gown by the chest and pull away from body slowly.
- 2. Slowly roll down the gown as you remove it.
- 3. Carefully place the gown in the trash.
- 4. Remove gloves by pulling from the middle, rolling to the tips of the fingers. Use the inside of the first glove removed to act as a barrier when removing the second glove.
- 5. Wash hands and wrists thoroughly.
- 6. Don new gloves.
- 7. If wearing a PAPR, bend over at the waist, grab back of PAPR with one hand, and remove by pulling away from face in one direction like tipping a hat (Do not cross the PAPR hose over your head). If wearing a N95 and goggles or face shield, remove goggles or face shield first by bending over and allowing to fall away from face. For N95, cup mask with one hand and with the other hand reach for the bottom strap first, pulling over head, then pull second strap over head and slowly place in trash.
- 8. Wash hands and wrists.
- 9. Use bleach wipes to wipe down PAPR and outside of PAPR hood.
- 10. Wipe down counter top.
- 11. Remove gloves in the same manner as described in step #4.
- 12. Wash hands and wrists.