

## Guidelines for management of Patients Infected with or Exposed to COVID-19 in Ambulatory Pediatric Clinics

### Updated Timelines to Consider during Patient Screening

14-day quarantine for confirmed exposures (some of which may have pending tests)

10-day isolation for confirmed positives (without immunocompromising condition)

20-day isolation for immunocompromised confirmed positives (auto-remove COVID+ banner in Epic)

[See here](#) for when to discontinue Special Airborne Contact isolation.

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### For COVID-19 positive patient:

#### When to return to clinic, recommended PPE:

- For urgent needs requiring a visit as soon as possible within the isolation period, use full PPE (including N95 and face shield). See [infographic](#) and full [guidance](#)
- For non-urgent/well child care visits, use 10+1 guidance (20+1 guidance for immunocompromised) and routine PPE. [See here](#) for when to discontinue Special Airborne Contact isolation.

#### When to [return to school](#):

- Use 10+1 guidance (20+1 guidance for immunocompromised), assuming no fever for 24 hours (without the use of fever reducing medicine) AND symptom improvement. [See here](#) for when to discontinue Special Airborne Contact isolation.
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### For Children Symptoms consistent with possible or clinical COVID-19, but testing confirms COVID-19 negative patient:

#### When to return to clinic, recommended PPE:

- For well care = Use 10+ 1 guidance, [see here for document](#); children with MIS-C are included in this document
- For urgent needs or visit necessary as soon as possible use mask and face shield; See [here](#) for process for updating isolation precautions with negative COVID test results

#### When to [return to school](#):

- After 24 hours afebrile without fever reducing medicine and improvement in patient symptoms
  - See [NCDHHS](#) guidance for further information on return to school
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### **For Infants Born to Mothers with Suspected or Confirmed COVID-19:**

When to return to clinic:

- For well care – wait until 28 days after maternal onset of symptoms or positive test, routine universal precautions (mask, face shield);
- See [here](#) for guidance on PPE prior to 28-day mark, as we anticipate newborns will need newborn visit and weight checks prior to 28 days.

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### **For Children Exposed to COVID-19:**

When to return to clinic:

- Wait until 14 days after exposure, assuming child develops no symptoms (Duration does not change if testing is negative\*)

\*If you choose to test after exposure, wait for at least **6 days** after exposure to order test to minimize false negative

When to [return to school](#) after exposure to confirmed COVID-19:

- If no symptoms, wait until 14 days after exposure
- If symptomatic and confirmed COVID-19 positive, use 10+1 guidance
- If symptomatic, and COVID test is negative, may return 24 hours after symptom resolution
- See [NCDHHS](#) guidance for further information on return to school